DASH To Have Open House Dec. 14

The Drug Abuse Services Hub (DASH) will hold a ribbon cutting service and an open house at its new branch office on Sunday, Dycmeber 14, at 3 p.m. The office is located at 522 Jackson Street. These services will be held at 3 p.m. with an open house following until 5 p.m.

DASH is directed by Sue Holland. The**dash** main office is located at 1010 Miller Park Square. **DASH** is a component program of Central Virginia Mental Health Services under the direction of Dr. Robert D. Gardner.

The Drug Abuse Serviese Hub, which serves the entire Central Virginia area, began in July, 1974.

The expansion to an inner city office is made possible through a special grant from the Virginia Division of Drug Abuse Control with matching local funds from the Delta Sigma Theta Sorority.

Staff who will be at the inner city branch include Ivory Glass, counselor, and Mrs. Hayne DePugh, secretary. Mr. Glass will be available at the 522 Jackson Street office and will work with persons in the Lynchburg jail. He will be on call to assist other persons with drug problems who are in the county jails.

Mrs. DePugh is from Tennessee and attended Lynchburg Baptist College. Melvin Early has been employed as a weekend counselor. He will be available on Friday and Saturday evenings from 7 to 12 p.m. and Sundays from 4 to 9 p.m. He and his wife, Barbara, will lead a weekly counselling group at the center.

Glass, a graduate of Virginia College, is a native of Lynchburg. He graduated from Dunbar High School and has worked with Lynchburg Community Action, Lynchburg Recreation Dept., Juvenile Probation, Links' Keyboard Center and as a substitute tea cher for Lynchburg Public Schools. He has also been a teacher and basketball coach at Virginia College.

Melvin Early, also a native of Lynchburg, graduated from Dunbar High School. His work experience includes field representative with Economic Opportunity Commission in Harrisburg, Pa., assisting with the Drug Program at Huntington Penitentiary. He is employed at Lynchburg Community Action and attends Central Virginia Community College.

Barbara Early is from Harrisburg, Pa. She attended Harrisburg Community College She had experience as a counselor at Eagleville Hospital, as a social Intake assistant in a Neighborhood Day Care Center in Harrisburg, Pa., and as a Date Collector for Youth Information Service. She also has secretarial experience.

DASHoffers services in crisis advice, individual and group counselling, educational programs for schools, clubs and agencies, prevention, parent group programs in schools and neighborhoods, consultation to agencies and professionals.

The program of **DASH** is governed and reviewed by the Community Mental Health and Mental Retardation Services Board of Central Va. The Board is composed of five to fifteen members serving a maximum of two consecutive three year tersm. The members are appointed by the governing body of the cities of Lynchburg, Bedford and the counties of Bedford, Campbell, Amherst and Appomattox.

DASH is affiliated with the Drug Abuse Advisory Committee of the Central Virginia Planning Committee, the Virginia Association of Drug Programs, the Va. Drug Abuse Advisory Council & the National Association of State Drug Abuse Co-ordinators.

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Capitol Comments

by Dan Daniel

NORFOLK - Congressman Dan Daniel, of Virginia's Fifth Congressional District, told members of the Virginia Farm Bureau Federation recently that agricultural products have become "America's super-weapon" in the nation's campaign for an equitable share in foreign trade.

"The American farmer," Daniel asserted, "can out-produce his counterparts anywhere in the world, and can out-compete his fellow countrymen in international trade. Because of farm exports and only because of farm exports - we ended this fiscal year with a $2 million net surplus.

The Congressman stated that this was no cause for unalloyed joy: "If agriculture is sometimes the leader, it is also sometimes the captive in the area of international relations."

Cautioning against development of an "island nation attitude", the Congressman briefly reviewed current conditions in various trouble spots around the world - in Asia, Europe, and particularly in the Mediterranean and African areas.

"If ever a nation bent on international mischief had it made," he said, "Russia does. Russia and Communist China are competing for the recently independent countries on the African continent. These nations, now free of the coils of colonialism, are in danger of becoming bound with the chains of slavery. Russia continues apace, as well, developing a naval facility in Somalia. She is expanding her military influence into southern Africa. Only she will benefit from the political turmoil in Portugal.

"The Soviet Union has no real interest in the outcome as regards the Mideast, no compelling interest in either side of the Arab-Israeli dispute. Rather, Russia's goal is to foment unrest and create confusion with which to mask her real concern," which the Congressman stated to be conquest of Western Europe without resorting to warfare.

"Are these," Daniel asked, "the fruits of detente? Obviously, talking is preferable to shooting, but we are living in a fool's paradise. The behavior of the Soviet Union in every quarter of the world is incompatible with the political promises, and at variance with the elements of world peace."

Congressman Daniel stressed the importance of the United States' defense efforts to world trade. "Defense and foreign trade are the two sides of a coin. Without the military power to reinforce our interests, we would become a beggar nation, subject to the terms dictated by others. We are already import-dependent in dozens of categories of raw materials. In 37 of these commodities, the dependency exceeds 50 percent. We must be militarily and economically secure, if we are to successfully assert our right to trading status. One without the other is not enough."

Daniel challenged the Farm Bureau Federation to "speak out on those issues of your expertise. There is a dangerous information and leadership gap in our land today. Yours is a highly-respected and persuasive organization. At this particular period in our history, the input of your organization is imperative. What you do is vitually important. What you persuade others to do might very well prove decisive."

The Congressman concluded: "No country can become or remain a world power unless it is self-sufficient in agriculture or has the resources for trade.

"To meet the challenges in today's world, the American people must rediscover these basic truths: that freedom does not perpetuate itself, that liberty is more precious than life, and that those who would keep the peace must be strong enough and bold enough to deter those who would break it.

"The question confronting us today is whether we have the wisdom to recognize and the will to act upon these truths. The forces arrayed against freedom have identified themselves in unmistakable terms. They are resourceful, determined, and dedicated to our destruction.

"I look upon what we have accomplished with pride, and view with alarm the forces which seek to destroy it."

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Frank E. Forest

Receives Promotion

Frank E. Forest of Appomattox has been promoted to Pipe Sales Trainee, assigned to Lynchburg Foundry's Chicago office.

The son of Mr. and Mrs. Lloyd S. Forest, Sr. of Appomattox, he is a 1972 graduate of Appomattox County High School and has attended Central Virginia Community College.

Frank joined Lynchburg Foundry Company in 1972 in the Standard Department and worked as a time study, later he was promoted to Pipe Sales Estimator prior to his recent promotion.

He is widely known for his commendable achievements through his family, relatives and friends throughout the community. Frank is Superintendent of Promise Land Baptist Church Sunday School and is Assistant Secretary of the Cornerstone Baptist Sunday School Union.

APPOMATTOX MIDDLE SCHOOL CAFETERIA MENU

Mon., Dec. 15 - Surf cake w/cheese wedge, french fried potatoes, corn, cookie, slice bread, milk.

Tues., Dec. 16 - Beef-a-roni, tossed salad, pears, school made bread, milk.

Wed., Dec. 17 - Hot dog on bun, navy beans, cole slaw, frosted cake, milk.

Thurs., Dec. 18 - Ham biscuits, string beans, candied yams, peaches, milk.

Fri., Dec. 19 - Tomato soup w/crackers, cheese or peanut butter sandwich, fruit w/cookie, milk.

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Friends of Academy of Music Sponsor Show at Fine Arts Center

LYNCHBURG - Members of Friends of the Academy of Music Inc., will sponsor a production of Tchaikovsk's "The Nutcracker," Saturday, Dec. 20 in the Fine Arts Center theater.

Performers will be the Richmond Ballet Co., which each year for the last seven, has played to capacity houses at The Mosque.

Members of the ballet company will be joined this year by Anna Marie de Angelo and Kirk Peterson. Miss de Angelo is a dancer with the Joffrey Ballet and Peterson, formerly a principal dancer with the National Ballet, is now with the American Ballet Theater.

Choreographed by Valerie Deakin, "The Nutcracker," is staged by Elaine Bass Druscker, with settings by de Veaux Riddick and Robert Watkins. Costumes are by Andre Bruce Ward.

Lynchburg's Academy of Music Theater is the first building in the city to be included on the Virginia Register of Historic Landmarks and the first on the National Register of Historic Places.

It is considered an outstanding example of Beaux Arts architecture. Although not old in an antique sense the theater has an illustrious theatrical history.

The great actors, singers, concert artists, minstrel and opera stars played there. Each season when the Metropolitan Opera Company of New York went to Atlanta for a series, the artists stopped in Lynchburg for presentations at The Academy.

Now in the process of being restored by the Friends of the Academy of Music, funds are being raised to complete the restoration of the beautiful old building. The first phase of restoration of the facade is on target and funds are being raised to match a grant from the Virginia Landmarks Commission.

Tickets to the ballet will be $10 each for adults, and $3.50 each for children.

Mrs. D. Martin Penny of 1504 Somerset Drive is in charge of seat reservations. One may write to her and include a check for seats desired, or may telephone her at 804-384-1686.

The Academy of Music is the only theater of its kind left standing in Virginia and is one of the few left in the United States.

ACHS 4-H MEETING

The ACHS 4-H had its monthly meeting on Nov. 19, 1975. Our president, James Robinson, led us in the pledge of allegiance of the United States of America Flag and our 4-H pledge. Then our secretary, Sharon Bryant, read the minutes of our last meeting.

During the meeting the program committee met to plan the programs we will have at our meetings for the year. Mr. Goldman, our extension agent, reminded us of the Share-the-Fun program on Dec. 3. Also we were told of many other activities during the year which we may take part.

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Nag 3. For your lungs, don't smoke cigarettes.

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